

VIRTUE MEDICINE

MIND-BODY HEALTH — CONTEMPLATIVE ARTS

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PSYCHOLOGY TESTING CLINIC

The **Cartaya Clinics in Humanistic and Behavioral Psychology** approach psychological testing through a comprehensive model, which integrates multiple methods, sources of information, and carefully chosen psychological assessments. Comprehensive psychological evaluations seek to uncover unique strengths and areas of vulnerability, provide clarity and a deeper understanding of a psychological diagnosis, address learning concerns and/or other challenge areas, and support individual goals and growth. We are committed to ensuring that the client's investment in this process will provide an accurate diagnosis, with an in-depth integrated written report that provides recommendations and/or treatment plans. Our psychological testing reports meet the highest ethical, scientific, and professional standards and guidelines set by the American Psychological Association and applicable state and federal laws, to assist and empower individuals who come to us for care.

Psychological Testing at the Cartaya Clinic has three steps:

1. A clinical interview to discuss areas of concerns and goals of testing, and providing information about the process of psychological testing.
2. A testing session, which can be completed in either one or two appointments that typically last between 2- 4 hours. Dr. Cartaya selects from a variety of instruments in the areas of cognition/intelligence, attention, memory and executive functioning, and personality and emotions. She also may use a combination of behavior rating scales, objective and projective personality inventories, and standardized IQ and achievement tests. During this time, outside records or reports may also be reviewed to integrate with the testing process.
3. An hour feed-back session to present results and answer questions in depth. Dr. Cartaya will also provide specific recommendations for utilizing areas of strength, as well as ideas for educational interventions both in the school/college/vocational setting and the home environment. Additional consultation is available as needed. All psychological testing services follow federal and state recommendations necessary to provide proper documentation for accommodations for an IEP or a 504 plan.

• HOPE • COMPASSION • HONESTY • RESPECT
GRATITUDE • CREATIVITY • CURIOSITY
• GENEROSITY • JOY • FORGIVENESS • EQUANIMITY



• PATIENCE • MERCY • PERSEVERANCE • WISDOM
• PATIENCE • TOLERANCE • HUMILITY
• CALMNESS • SINCERITY • SERVICE • INTEGRITY

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****Dr. Cartaya does not offer psychological testing for Forensic Cases, Child Custody or Divorce Proceedings, or Neurological Conditions such as brain injuries, neurocognitive disorders, and dementia, and focuses her expertise on the clinical conditions listed in the following fee schedule.**

FEE SCHEDULE:

Initial Appointment (grades K-12, or Adult): \$200/60 minutes, to clarify and evaluate clinical concerns prior to a testing recommendation.

Attention Deficit Disorders Testing: K-12 \$1525, Adult \$1300

Learning Conditions Testing: K-12 \$2350, Adult \$2025

Personality Testing for Diagnostic Clarification: (age 16+) \$1050

The final total may vary somewhat, depending on whether data gathered during the actual testing suggests additional assessments would improve the clarity of the findings or additional time is needed to collect and review outside reports or medical records. The package costs of the assessments must be paid prior to scheduling testing dates, and the final total balance must be paid at the time of the last session with Dr. Cartaya. No reports will be released until the balance is paid in full.

Report-Writing for Psychological Testing Clients: For any additional reports or integrated findings beyond the standard initial report: \$50/15 minutes, with a minimum \$50 charge.

CREDENTIALS:



JoAnna Romero Cartaya, Ph.D. trained at the University of Iowa's Counseling Psychology program, with clinical rotations at the University of Iowa Hospitals and Clinics in neuropsychology clinics for adults and children in both the Department of Psychiatry and the Department of Neurology. She interned in the University of Iowa's Child and Adolescent Psychiatry Clinic, providing neuropsychological and psychological assessment services for inpatients and outpatients and working with an inter-disciplinary clinical team of psychiatrists, psychologists, speech and language specialists and educational specialists. Following the completion of her Ph.D., she provided clinical psychological assessment and consultation services to pre-school and high school students, school staff, and administrators at Center Associates in Marshalltown, Iowa.

