

## Psychological Testing Clinic at Virtue Medicine

The Cartaya Clinics in Humanistic and Behavioral Psychology approaches psychological testing through a comprehensive model, which integrates multiple methods, sources of information, and carefully chosen psychological assessments. Comprehensive psychological evaluations seek to uncover unique strengths and areas of vulnerability, provide clarity and a deeper understanding of a psychological diagnosis, address learning concerns and/or other challenge areas, and support individual goals and growth. We are committed to ensuring that the client's investment in this process will provide an accurate diagnosis, with an in-depth integrated written report that provides recommendations and/or treatment plans. Our psychological testing reports meet the highest ethical, scientific, and professional standards and guidelines set by the American Psychological Association and applicable state and federal laws, to assist and empower individuals who come to us for care.

### **Psychological Testing at the Cartaya Clinic has three steps:**

1. A comprehensive clinical 90-minute interview to discuss areas of concerns, goals for the assessment, and to provide and answer questions about the process of psychological testing. An estimate of the total cost of testing will also be provided.
2. A testing session, which can be completed in either one or two appointments that typically last between 2- 4 hours. Dr. Cartaya selects from a variety of instruments in the areas of cognition/intelligence, attention, memory, executive functioning, personality, and emotional wellbeing. She also may use a combination of behavioral rating scales, objective and projective personality inventories, and standardized IQ and achievement tests. During this time, outside records or reports may also be reviewed to integrate with the testing process.
3. An in-depth hour feedback session to discuss results and answer questions. Dr. Cartaya will also provide specific recommendations for utilizing areas of strength, as well as ideas for educational, professional, and personal interventions or supports that assist an individual in achieving their goals with better ease. Additional consultation is available as needed. All psychological testing services follow federal and state recommendations

*\*\*Dr. Cartaya does not offer psychological testing for Forensic Cases, Child Custody or Divorce Proceedings, or Neurological Conditions such as brain injuries, neurocognitive disorders, and dementia, and focuses her expertise on the clinical conditions listed in the following fee schedule.*

## Fee Schedule

**Initial Appointment (Ages 15-18, or Adult):** \$360/90 minutes, to clarify and evaluate clinical concerns prior to a testing recommendation.

**Attention Deficit Disorders Testing:** Ages 15-18 \$2160, Adult \$1840

**Autism Spectrum Disorder Testing:** Ages 15-18 \$2400, Adult \$2080

**Learning Conditions Testing:** Ages 15-18 \$2800, Adult \$2320

**Diagnostic Clarification:** re-evaluation for individuals with previous diagnoses, with more than 2 years since previous testing and new testing is desired, Ages 15-18, \$2160, Adult \$1840

**Second Opinion of Prior Testing:** specialty review of records and discussion of previous testing or medical/psychological evaluations done within the last 2 years, with additional assessments as needed, \$800.00

The final total may vary somewhat, depending on whether data gathered during the actual testing suggests additional assessments would improve the clarity of the findings or additional time is needed to collect and review outside reports or medical records. Half of the assessment package fee must be paid prior to or by the date of the scheduled testing session, and the final total balance must be paid at the time of the feedback session. No reports will be released until the balance is paid in full. *Please note that a late cancellation (less than 24 hours notice) or no showing to a testing session will result in being charged \$125 per hour scheduled (which must be paid prior to scheduling a new testing session).*

**Report Writing for Psychological Testing Clients:** for any additional reports or integrated findings beyond the standard report: \$60/15 minutes, with a minimum \$60 charge.

## Credentials



**JoAnna Romero Cartaya, Ph.D.** trained at the University of Iowa's Counseling Psychology program, with clinical rotations at the University of Iowa Hospitals and Clinics in neuropsychology clinics for adults and children in both the Department of Psychiatry and the Department of Neurology. She interned in the University of Iowa's Child and Adolescent Psychiatry Clinic, providing neuropsychological and psychological assessment services for inpatients and outpatients and worked with an interdisciplinary clinical team of psychiatrists, psychologists, speech and language specialists and educational specialists. Following the completion of her Ph.D., she provided clinical psychological assessment and consultation services to pre-school through high school students, parents, school educators/staff, and professionals. She currently trains and supervises doctoral-level graduate students and provides consultation services for mental health providers regarding psychological assessment services.